This month's puzzle made you do some work. Not only did it make you write some PowerShell but it also probably forced you to do some background research on the Interwebz as well. Being able to determine how long a computer has been on for isn't immediately obvious. The puzzle was meant to give you a real-world scenario which would force you to first investigate how that's even possible before you write your first piece of code. A great scripter doesn't just know how to write code; they also know where to look for answers relating to the problem they're trying to automate as well!

I've included the full solution and have heavily commented it detailing how I solved this problem on my Github repository.